



After School Enrichment - Winter 2019

The Wasatch Family Foundation is pleased to provide several after school activities for Wasatch Charter School students of every age and interest. Class availability is based on a minimum number of students signing up. Once that minimum is met, there is a maximum cap on the number of students accommodated, so we encourage parents to enroll your children early.

Parents are responsible for providing a nutritious late-afternoon snack and water, dressing their child in appropriate clothing for the activity, and picking up their child promptly at the end of class. To register, complete the following online form...

[ASE 2019 Winter Registration Form](#)

*After School Enrichment Program class information and details may be subject to change.

What: Felting

When: Mondays (7 classes on January 28, February 4, 11, 25, March 4, 11, 18)

Time: 3:30 p.m. - 4:30 p.m. (60 minutes)

Grades: 4th-8th

Participation Fee: \$110 (minimum of 4 and maximum of 8 participants)

Location: Polaris Classroom

Wasatch Charter School teacher, *Isabel Stearns*, enjoys shaping wool and experimenting with what can be created. She will be teaching wet and needle felting to students. Items such as animals, dolls, bookmarks, pouches, and seasonal items will be made. Start up supplies will be provided including needle, pad, and wool.

What: Ukulele

When: Tuesdays (4 classes on January 29, February 5, 12, 19)

Time: 3:30 p.m. - 4:30 p.m. (60 minutes)

Grades: Kindergarten - 4th

Participation Fee: \$75 (minimum of 4 and maximum of 6 participants)

Location: TBD

Wasatch Charter School parent, *Dylan Roe*, is a professional performing, recording, and teaching musician. He is multi-instrumental, and looks to provide instruction for a vast variety of instruments to Wasatch Charter School students, including Guitar, Ukulele, and Harmonica classes. Mr. Roe has a knowledge of traditional folk and roots music that will be shared in his classes' subject matter.

What to bring: A ukulele

What: Guitar

When: Fridays (8 classes on January 25, February 1, 8, 15, 22, March 1, 8, 15)

Time: 1:30 p.m. - 4:30 p.m. (60 minutes)

Grades: 2nd - 8th

Participation Fee: \$135 (minimum of 4 and maximum of 8 participants)

Location: TBD

Wasatch Charter School parent, *Dylan Roe*, is a professional performing, recording, and teaching musician. He has been playing guitar for 16 years and teaching all age and skill levels for 10 years. He is multi-instrumental, and looks to provide instruction for a vast variety of instruments to Wasatch Charter School students. Mr. Roe has a knowledge of traditional folk and roots music that will be shared in his classes' subject matter.

What to bring: A guitar

What: Creative Movement

When: Wednesdays (6 classes on January 30, February 6, 13, 20, 27, March 6)

Time: 3:30 p.m. - 4:45 p.m. (60 minutes)

Grades: 4th-6th

Participation Fee: \$95 (minimum of 5 and maximum of 16 participants)

Location: Eurythmy Room

Welcome to Creative Movement, where the body speaks for the soul. Creative movement for children combines developmental movement exercises, creative thinking, problem solving, social connection, rhythm and play. In grades 4-6, individual development and social development are important aspects to constructing a healthy relationship with the world. Taught by WCS instructor *Kiera Lucich*, the curriculum will include one main project for cultivating a balance of individuality and unison, bolstered by further exercises for developing the physical body as a tool for creativity.

What: Acro Yoga Playshop for the Upper Grades (4-8)

When: Mondays (4 classes on January 28, February 4, 11, 25)

Time: 3:30 p.m. - 4:30 p.m. (60 minutes)

Grades: 4th-8th

Participation Fee: \$95 (minimum of 6 and maximum of 10 participants)

Location: Gym

Come play and have fun learning the basics of circus arts and acro yoga. Children will be working in diads, triads, and quad groups. Basic gymnastics and tumbling will be incorporated into fun and exciting partner yoga, which is called acro yoga. Children will learn to lift, turn, and hold each other with their own body weight. A performance will follow at one of the school assemblies. Children enrolled in this must be willing to follow directions and work very well with other children. This workshop is taught by *Ms. Bri*, who has years of experience practicing and performing acrobatic yoga for audiences small and large.

What: Acro Yoga Playshop for the Lower Grades (K-3)

When: Wednesdays (4 classes on January 30, February 6, 13, 20)

Time: 3:30 p.m. - 4:30 p.m. (60 minutes)

Grades: Kindergarten-3rd

Participation Fee: \$95 (minimum of 6 and maximum of 10 participants)

Location: Gym

Come play and have fun learning the basics of circus arts and acro yoga. Children will be working in diads, triads, and quad groups. Basic gymnastics and tumbling will be incorporated into fun and exciting partner yoga, which is called acro yoga. Children will learn to lift, turn, and hold each other with their own body weight. A performance will follow at one of the school assemblies. Children enrolled in this must be willing to follow directions and work very well with other children. This workshop is taught by *Ms. Bri*, who has years of experience practicing and performing acrobatic yoga for audiences small and large.

What: Hip Hop

When: Tuesdays (6 classes on January 29, February 5, 12, 19, 26, March 5)

Time: 3:30 p.m. - 4:30 p.m. (60 minutes)

Grades: 3rd-8th

Participation Fee: \$125 (minimum of 4 and maximum of 15 participants)

Location: Gym

Come play, dance and have fun with *Ms. Bri* and *Ms. Katherine* learning basic Hip Hop moves and a new routine each week. You will practice routines to popular music and perform at one of the assemblies later in the year. No prior dance experience needed.