



## After School Enrichment - Winter 2018

The Wasatch Family Foundation is pleased to provide several after school activities for Wasatch Charter School students of every age and interest. Class availability is based on a minimum number of students signing up. Once that minimum is met, there is a maximum cap on the number of students accommodated, so we encourage parents to enroll your children early.

Parents are responsible for providing a nutritious late-afternoon snack and water, dressing their child in appropriate clothing for the activity, and picking up their child promptly at the end of class. To register, complete the following online form...

[ASE 2018 Winter Registration Form](#)

\*After School Enrichment Program class information and details may be subject to change.

**What: Felting**

**When: Mondays (6 classes on January 22, 29, February 5, 12, 26, March 5)**

**Time: 3:30 p.m. - 4:30 p.m. (60 minutes)**

**Grades: 4th-8th**

**Participation Fee: \$115 (minimum of 3 and maximum of 8 participants)**

**Location: Polaris Classroom**

Wasatch Charter School teacher, *Isabel Stearns*, enjoys shaping wool and experimenting with what can be created. She will be teaching felting to students. Needle felting such as fairies and vignettes will be made. In addition, wet felting acorns and animals will be taught.

**What: Yoga - Open to students and their family**

**When: Mondays (8 classes on January 22, 29, February 5, 12, 26, March 5, 12, 19)**

**Time: 3:30 p.m. - 4:30 p.m. (60 minutes)**

**Grades: Ages 6 and up**

**Participation Fee: \$135 (minimum of 4 and maximum of 10 participants)**

**Location: TBD**

Wasatch Charter School teacher, *Bri Boertman*, will be teaching a yoga class that is open to students and their family members. Parents can come free if their child is paid for. Each additional child would be \$135.

**What to bring: A yoga mat, water bottle, and wear comfortable clothing.**

**What: Pottery**

**When: Tuesdays (8 classes on January 16, 23, 30, February 6, 13, 20, 27, March 6)**

**Time: 3:30 p.m. - 5:30 p.m. (120 minutes)**

**Grades: 6th - 8th**

**Participation Fee: \$155 (minimum of 3 and maximum of 15 participants per week)**

**Location: TBD**

Wasatch Charter School pottery teacher, *Alexa Buchanan*, ran her own small ceramics business in Florida before moving to Utah. She will be teaching a pottery class that begins with the basics. The class will then evolve into more

detailed clay work such as morphing figures, creating texture, and will end with a finished product combining all technical skills that have been taught.

**What: Intro to STEM with LEGO®**

**When: Wednesdays (6 classes on January 17, 24, 31, February 7, 14, and 21)**

**Time: 3:30 p.m. - 5:00 p.m. (90 minutes)**

**Grades: 1st-3rd**

**Participation Fee: \$125 (minimum of 11 and maximum of 16 participants)**

**Location: TBD**

Let your child's imagination run wild with tens of thousands of LEGO parts. They will build engineer-designed projects such as: trains, helicopters, treehouses, and beam bridges. Children will design and build as never before, and explore their craziest ideas in a supportive environment.

**What: Mindful Movement and Yoga**

**When: Wednesdays (6 classes on January 17, 24, 31, February 7, 14, and 21)**

**Time: 3:30 p.m. - 4:30 p.m. (60 minutes)**

**Grades: 4th - 8th**

**Participation Fee: \$125 (minimum of 8 and maximum of 16 participants)**

**Location: TBD**

We can all get a leg up by learning to control our thoughts and reactions - let's give our kids this opportunity early in life. Yoga teacher and strength coach, *Michael Krushinsky*, will lead children in mindful movement (yoga, animal flow, and strength training). Children will learn to slow down their reactions and become more present in their lives. They will also learn to move their bodies in healthy and playful exploration of movement.

Michael is a former middle school and high school teacher, and a yoga teacher with 8 years of experience, who now teaches adults and kids at Wasatch Fitness Academy, a performance-oriented gym for mountain athletes and weekend warriors. Michael's teaching style emphasizes community, joy, and exploration; he sets students up for success, and supports them in achieving their personal bests, whether it's getting stronger, faster, or learning to enjoy a life-long movement practice.

**What to bring: A water bottle and wear comfortable clothing and athletic shoes.**

**What: Eurythmy and Drama**

**When: Thursdays (8 classes on January 18, 25, February 1, 8, 15, March 1, 8, 15)**

**Time: 3:30 p.m. - 5:00 p.m. (90 minutes)**

**Grades: 4th - 8th**

**Participation Fee: \$155 (minimum of 5 and maximum of 20 participants)**

**Location: Eurythmy Room**

Wasatch Charter School Eurythmy teacher, Tesia Brown, will be teaching this two part class, with the first 45 minutes focusing on eurythmy and the second on drama. Eurythmy was developed in the early twentieth century by Rudolf Steiner the founder of Waldorf education. It is a beautiful art form which brings to life music, poetry and prose through movement. Eurythmy also plays a profound role within the pedagogical and therapeutic streams. The first 45 min of each class will work on deepening the student's relationship to the art of eurythmy through working in movement on pieces of music and poetry. The second half of class children will learn about how an actor prepares vocally, physically, and mentally. We will do many exercises with movement, improvisation and imagination and will also do text work, learning to convey meaning and form a connection with fellow actors, as well as the surrounding world.

From Tesia Brown: *" I have been working and playing in the performing arts as long as I can remember. After finishing high school I completed a four year training in eurythmy; I traveled and taught for two years before*

returning to school and completing my Bachelors degree in Theatre Performance. It is such a joy to share my love of the the performing arts with young people.”

**What: Guitar**

**When: Thursdays (4 classes on January 18, 25, February 1, 8) \*Option to continue on after this session**

**Time: 3:30 p.m. - 4:30 p.m. (60 minutes)**

**Grades: 3rd - 8th**

**Participation Fee: \$85 (minimum of 4 and maximum of 6 participants)**

**Location: TBD**

Wasatch Charter School parent, *Dylan Roe*, is a professional performing, recording, and teaching musician. He has been playing guitar for 16 years and teaching all age and skill levels for 10 years. He is multi-instrumental, and looks to provide instruction for a vast variety of instruments to Wasatch Charter School students, including Guitar, Ukulele for kids under 7, and Harmonica classes. Mr. Roe has a knowledge of traditional folk and roots music that will be shared in his classes' subject matter.

Guitar will be taught to students ages 8 and older. This is a 4 week course, and at the end of this session, students would be able to continue on with lessons from Mr. Roe at the school if they are interested.

**What to bring: A guitar**

**What: Ukulele**

**When: Fridays (4 classes on January 19, 26, February 2, 9) \*Option to continue on after this session**

**Time: 1:30 p.m. - 2:30 p.m. (60 minutes)**

**Grades: Kindergarten - 2nd**

**Participation Fee: \$85 (minimum of 4 and maximum of 6 participants)**

**Location: TBD**

Wasatch Charter School parent, *Dylan Roe*, is a professional performing, recording, and teaching musician. He is multi-instrumental, and looks to provide instruction for a vast variety of instruments to Wasatch Charter School students, including Guitar, Ukulele, and Harmonica classes. Mr. Roe has a knowledge of traditional folk and roots music that will be shared in his classes' subject matter.

Ukulele will be taught to students ages 8 and younger. This is a 4 week course, and at the end of this session, students would be able to continue on with lessons from Mr. Roe at the school if they are interested.

**What to bring: A ukulele**