



After School Enrichment - Spring 2019

The Wasatch Family Foundation is pleased to provide several after school activities for Wasatch Charter School students of every age and interest. Class availability is based on a minimum number of students signing up. Once that minimum is met, there is a maximum cap on the number of students accommodated, so we encourage parents to enroll your children early.

Parents are responsible for providing a nutritious late-afternoon snack and water, dressing their child in appropriate clothing for the activity, and picking up their child promptly at the end of class. To register, complete the following online form...

[ASE 2019 Spring Registration Form](#)

*After School Enrichment Program class information and details may be subject to change.

What: Felting**When: Mondays (8 classes on April 1, 8, 15, 22, 29, May 6, 13, 20)****Time: 3:30 p.m. - 4:30 p.m. (60 minutes)****Grades: 4th-8th****Participation Fee: \$125 (minimum of 4 and maximum of 8 participants)****Location: Polaris Classroom**

Wasatch Charter School teacher, *Isabel Stearns*, enjoys shaping wool and experimenting with what can be created. She will be teaching wet and needle felting to students. Items such as animals, dolls, bookmarks, pouches, and seasonal items will be made. Start-up supplies will be provided including needle, pad, and wool.

What: Ukulele**When: Tuesdays (4 classes on April 2, 9, 16, 23)****Time: 3:30 p.m. - 4:30 p.m. (60 minutes)****Grades: Kindergarten - 4th****Participation Fee: \$75 (minimum of 4 and maximum of 6 participants)****Location: TBD**

Wasatch Charter School parent, *Dylan Roe*, is a professional performing, recording, and teaching musician. He is multi-instrumental, and looks to provide instruction for a vast variety of instruments to Wasatch Charter School students, including Guitar, Ukulele, and Harmonica classes. Mr. Roe has a knowledge of traditional folk and roots music that will be shared in his classes' subject matter.

What to bring: A ukulele**What: Guitar****When: Fridays (8 classes on April 5, 12, 19, 26, May 3, 10, 17, 24)****Time: 1:30 p.m. - 2:30 p.m. (60 minutes)****Grades: 2nd - 8th****Participation Fee: \$135 (minimum of 4 and maximum of 8 participants)****Location: TBD**

Wasatch Charter School parent, *Dylan Roe*, is a professional performing, recording, and teaching musician. He has been playing guitar for 16 years and teaching all age and skill levels for 10 years. He is multi-instrumental, and looks to provide instruction for a vast variety of instruments to Wasatch Charter School students. Mr. Roe has a knowledge of traditional folk and roots music that will be shared in his classes' subject matter.

What to bring: A guitar

What: Circus!

When: Thursdays (8 classes on April 4, 11, 18, 25, May 2, 9, 16, 23)

Time: 3:30 p.m. - 4:45 p.m. (60 minutes)

Grades: 3rd-6th

Participation Fee: \$125 (minimum of 10 and maximum of 30 participants)

Location: Gym

Join teachers *Mr. Keenan* and *Ms. Isabel* in a joyful exploration of circus skills including plate spinning, juggling, diablo, and acrobatics. We will have a final Circus Showcase on the last class, May 23rd. Students must have experience with all skills listed above and be able to listen and follow instructions well.

What: Boxing

When: Tuesdays (8 classes on April 2, 9, 16, 23, 30, May 7, 14, 21)

Time: 3:30 p.m. - 5:00 p.m. (90 minutes)

Grades: 5th-8th

Participation Fee: \$155 (minimum of 10 and maximum of 30 participants)

Location: Gym or Outside (weather permitting)

This class is for students who want to train with their peers safely and playfully. They won't hit each other. With these lessons, teacher *Roel Op t'Ende* will introduce children to boxing in a safe and friendly environment. Boxing is a good sport because there are lots of exercises for the whole body. It is a technical, but especially tactical, sport. You train for endurance, muscle strength, coordination, responsiveness, and making the right decisions under pressure. Because boxing is a physical sport where you have to train together, you learn to take each other into account, indicate boundaries, and respect boundaries. Boxing is often used as a pedagogical tool to help children with personal growth. *Mr. Op t-Ende* stands for fun in sports. He wants to let children experience how much fun it is to exercise and promotes movement as much as possible. **Children should bring an inexpensive pair of boxing gloves and comfortable clothes and shoes.

What: Sing, Play, Move

When: Wednesdays (6 classes on April 3, 10, 17, 24, May 1, 8)

Time: 3:30 p.m. - 4:30 p.m. (60 minutes)

Grades: Kindergarten-2nd

Participation Fee: \$85 (minimum of 5 and maximum of 20 participants)

Location: TBD

Rachelle Smith, who is new to our school and loving it, wants to share her background and love of music with students. Each class will begin with a brief mindfulness exercise, followed by movement, rhythmic games, and learning songs related to self-esteem, love, different cultures, and fun. Each class will incorporate singing, instruments, sign language, and physical activity.

What: Beginner Gymnastics

When: Mondays (6 classes on April 1, 8, 15, 22, 29, May 6)

Time: 3:30 p.m. - 4:30 p.m. (60 minutes)

Grades: 1st-3rd

Participation Fee: \$85 (minimum of 5 and maximum of 15 participants)

Location: Gym

Come play, tumble, and jump around on mats learning basic tumbling and gymnastic skills with Ms. Kiera. Students will play movement games, learn individual gymnastic skills like head/handstand, cartwheels, backbends, and learn group skills like spotting and partner tricks. If your student loves to jump, roll, and be upside down, this is the class for them!

What: Hip Hop

When: Wednesdays (6 classes on April 3, 10, 17, 24, May 1, 8)

Time: 3:30 p.m. - 4:30 p.m. (60 minutes)

Grades: 3rd-8th

Participation Fee: \$125 (minimum of 4 and maximum of 15 participants)

Location: Gym

Come play, dance and have fun in a brand new round of hip hop classes with *Ms. Katherine*. Students will work on learning three routines throughout the new session, ranging in different speeds and energy. No prior dance experience needed.

What: Poetry

When: Tuesdays (4 classes on April 2, 9, 16, 23)

Time: 3:30 p.m. - 5:00 p.m. (90 minutes)

Grades: 5th-8th

Participation Fee: \$125 (minimum of 3 and maximum of 10 participants)

Location: TBD

Ms. Grace writes poetry and prose in her free time. She wants to bring the joy of creative expression through writing to students at WCS. There's a writer inside so many of us! It just takes the right push to find your voice in writing. Students will be exploring several different types of poetic styles in this class.