



After School Enrichment - Spring 2018

The Wasatch Family Foundation is pleased to provide several after school activities for Wasatch Charter School students of every age and interest. Class availability is based on a minimum number of students signing up. Once that minimum is met, there is a maximum cap on the number of students accommodated, so we encourage parents to enroll your children early.

Parents are responsible for providing a nutritious late-afternoon snack and water, dressing their child in appropriate clothing for the activity, and picking up their child promptly at the end of class. To register, complete the following online form...

[ASE 2018 Spring Registration Form](#)

*After School Enrichment Program class information and details may be subject to change.

What: Drumming

When: Wednesdays (6 classes on April 11, 18, 25, May 2, 9, 16)

Time: 3:30 p.m. - 4:30 p.m. (60 minutes)

Grades: 3rd - 8th

Participation Fee: \$120 (minimum of 8 and maximum of 25 participants)

Location: TBD

Wasatch Charter School parent, *Daniel Macdonald*, is a professional performing and teaching musician and plays drums in the band "Pennyland." He will be teaching students African drumming as well as drumming games and activities.

Cost of class includes the drum rental.

What: Introduction to Running

When: Tuesdays (8 classes on April 10, 17, 24, May 1, 8, 15, 22, 29)

Time: 3:30 p.m. - 5:00 p.m. (90 minutes)

Grades: 1st - 4th

Participation Fee: \$155 (minimum of 3 and maximum of 10 participants)

Location: Outside

Wasatch Charter School teacher, *Sean McKelvie*, is constantly seeking new ways to get students out of the classroom and moving around. He has a passion for running and the outdoors. He has created an after school program that will encompass running and movement that could be highly beneficial to your student(s). The class will cover running basics and fundamentals, such as stride, form, gate, speed, and pace, while the students run through the nearby parks and around the school.

From Sean McKelvie: *"I love running around! I am your typical 6th grader: Given the option of being inside or outside, I will ALWAYS pick outside. Over the last decade, I have run 11 marathons with a fastest time of 2:42. I have also run numerous half marathons, 10ks, 5ks, and other "fun runs." Running has brought an immeasurable amount of joy into my life and I love having the ability to spread that joy to others."*

What to bring: A water bottle and wear comfortable clothing and athletic shoes.

What: Advanced Running**When: Wednesdays (8 classes on April 11, 18, 25, May 2, 9, 16, 23, 30)****Time: 3:30 p.m. - 5:00 p.m. (90 minutes)****Grades: 5th - 8th****Participation Fee: \$155 (minimum of 3 and maximum of 20 participants per week)****Location: Outside**

Wasatch Charter School teacher, *Sean McKelvie*, is constantly seeking new ways to get students out of the classroom and moving around. He has a passion for running and the outdoors. He has created an after school program that will encompass running and movement that could be highly beneficial to your student(s). This class will cover body posture, running stride, proper gait and foot strike, cross training for alternate sports, endurance, proper breathing, and stamina building, while the students run through the nearby parks and around the school.

From Sean McKelvie: *"I love running around! I am your typical 6th grader: Given the option of being inside or outside, I will ALWAYS pick outside. Over the last decade, I have run 11 marathons with a fastest time of 2:42. I have also run numerous half marathons, 10ks, 5ks, and other "fun runs." Running has brought an immeasurable amount of joy into my life and I love having the ability to spread that joy to others."*

What to bring: A water bottle and wear comfortable clothing and athletic shoes.**What: Felting****When: Mondays (6 classes on April 9, 16, 23, 30, May 7, 14)****Time: 3:30 p.m. - 4:30 p.m. (60 minutes)****Grades: 3rd-8th****Participation Fee: \$115 (minimum of 3 and maximum of 8 participants)****Location: Polaris Classroom**

Wasatch Charter School teacher, *Isabel Stearns*, enjoys shaping wool and experimenting with what can be created. She will be teaching felting to students. Needle felting such as fairies and vignettes will be made. In addition, wet felting acorns and animals will be taught. Start up supplies will be provided including needle, pad, and wool.

What: Yoga - Open to students and their parents**When: Thursdays (5 classes on April 12, 19, 26, May 3, 10)****Time: 3:30 p.m. - 4:30 p.m. (60 minutes)****Grades: Ages 5 and up****Participation Fee: \$90 (minimum of 6 and maximum of 10 participants)****Location: Compass Classroom**

Wasatch Charter School teacher, *Bri Boertman*, will be teaching a yoga class that is open to students and their family members. Parents can come free if their child is paid for. Each additional child is \$90. Please note the minimum age to come to the class is 5 years old.

What to bring: A yoga mat, water bottle, and wear comfortable clothing.**What: Mad Science****When: Mondays (6 classes on April 9, 16, 23, 30, May 7, 14)****Time: 3:30 p.m. - 4:30 p.m. (60 minutes)****Grades: 3rd - 8th****Participation Fee: \$100 (minimum of 10 and maximum of 25 participants)****Location: TBD**

Mad Science's spectacular demonstrations, hands-on activities, and real world discussions make learning about science fun. Space Explorers is the the theme for each week's interactive classes. Topics will include stars and

constellations; exploring the solar system; and learning about gravity, space travel, and space technology. Children will be amazed when they get to build their own rocket and a gravity assisted launcher, and much more!

What: Intro to STEM with LEGO®

When: Wednesdays (6 classes on April 11, 18, 25, May 2, 9, 16)

Time: 3:30 p.m. - 5:00 p.m. (90 minutes)

Grades: 1st-4th

Participation Fee: \$125 (minimum of 11 and maximum of 16 participants)

Location: TBD

Children can tap into their imagination with tens of thousands of LEGO® parts! Build engineer-designed projects such as: Boats, Snowmobiles, Catapults, and Merry-Go-Rounds. Design and build as never before, and explore your craziest ideas in a supportive environment. There are no prerequisites for this course.

What: Eurythmy and Drama

When: Thursdays (8 classes on April 12, 19, 26, May 3, 10, 17, 24, 31)

Time: 3:30 p.m. - 5:00 p.m. (90 minutes)

Grades: 4th - 8th

Participation Fee: \$140 (minimum of 3 and maximum of 20 participants)

Location: Eurythmy Room

Wasatch Charter School Eurythmy teacher, Tesia Brown, will be teaching this two part class, with the first 45 minutes focusing on eurythmy and the second on drama. Eurythmy was developed in the early twentieth century by Rudolf Steiner the founder of Waldorf education. It is a beautiful art form which brings to life music, poetry and prose through movement. Eurythmy also plays a profound role within the pedagogical and therapeutic streams. The first 45 min of each class will work on deepening the student's relationship to the art of eurythmy through working in movement on pieces of music and poetry. The second half of class children will learn about how an actor prepares vocally, physically, and mentally. We will do many exercises with movement, improvisation and imagination and will also do text work, learning to convey meaning and form a connection with fellow actors, as well as the surrounding world.

From Tesia Brown: *“ I have been working and playing in the performing arts as long as I can remember. After finishing high school I completed a four year training in eurythmy; I traveled and taught for two years before returning to school and completing my Bachelors degree in Theatre Performance. It is such a joy to share my love of the the performing arts with young people.”*

What: Ukulele - CLASS IS FULL

When: Fridays (4 classes on April 13, 20, 27, May 4) *Option to continue on after this session

Time: 1:30 p.m. - 2:30 p.m. (60 minutes)

Grades: Kindergarten - 2nd

Participation Fee: \$75 (minimum of 4 and maximum of 6 participants)

Location: TBD

Wasatch Charter School parent, *Dylan Roe*, is a professional performing, recording, and teaching musician. He is multi-instrumental, and looks to provide instruction for a vast variety of instruments to Wasatch Charter School students, including Guitar, Ukulele, and Harmonica classes. Mr. Roe has a knowledge of traditional folk and roots music that will be shared in his classes' subject matter.

Ukulele will be taught to students ages 8 and younger.

What to bring: A ukulele

What: Intermediate Guitar

When: Thursdays (4 classes on April 12, 19, 26, May 3) *Option to continue on after this session

Time: 3:30 p.m. - 4:30 p.m. (60 minutes)

Grades: 3rd - 8th

Participation Fee: \$75 (minimum of 4 and maximum of 6 participants)

Location: TBD

Wasatch Charter School parent, *Dylan Roe*, is a professional performing, recording, and teaching musician. He has been playing guitar for 16 years and teaching all age and skill levels for 10 years. He is multi-instrumental, and looks to provide instruction for a vast variety of instruments to Wasatch Charter School students. Mr. Roe has a knowledge of traditional folk and roots music that will be shared in his classes' subject matter.

Guitar will be taught to students ages 8 and older.

What to bring: A guitar